



EUROPEAN UNIVERSITY OF THE SEAS

Blended Intensive Program / Template

General information

Course Title	Mental Health Recovery – Informing Innovations in Youth Services
Homepage	https://www.nord.no/en/study-programmes/nord-summer-school
BIP Code	2025-1-NO01-KA131-HED-000335081-2
Abstract:	<p>This course takes place as a part of Nord Summer School 2026</p> <p>The course aims to provide students with knowledge of Mental Health Recovery. Through group work processes, students will develop the ability to explore goals, methods, and challenges related to recovery-oriented practices in an international context.</p> <p>The course emphasizes innovation across health and welfare services for youth and encourages students to critically examine how recovery perspectives can inspire innovation in services. Additionally, we will explore barriers to implementing recovery-oriented practices and discuss strategies to overcome these challenges.</p>
Calendar	<p>The students apply directly to Nord University. Places are awarded on first come- first served basis.</p> <p>Application form and course description: https://www.nord.no/en/studies/courses/sum1010</p> <p>Final application deadline : 1. May</p>

Total number of hours:	60
Teacher(s) in charge	Associate Prof. Ingunn Skjesol ingunn.skjesol@nord.no Prof. Kristin B. Ørjasæter kristin.b.orjasater@nord.no
Number of participants	The minimum number of participants is 10, maximum is 30 There are no restrictions for number of places awarded to each SEA-EU university, but the places are awarded to eligible applicants on first come-first served basis.
Mobility costs	This mobility is eligible for Erasmus+ funding.. Please contact your university for more information.
Contact	Regarding organizational aspects: Kai-Martin Johnsen, kai-martin.johnsen@nord.no Regarding pedagogical aspects: Ingunn Skjesol ingunn.skjesol@nord.no

Pedagogical contents

Target group / Expected profile / Academic background	The course is open to students on all levels (BA/MA/PhD) with an academic background in social work, child protection services, social welfare services, etc.
Requirements	Language requirement : minimum English B2 (test can be taken on EU academy)
Learning objectives/outcomes:	<p>The student will achieve the following knowledge:</p> <ul style="list-style-type: none"> • knowledge of central theories and practices related to mental health recovery among youth • knowledge of methods that support service innovation in health and welfare services <p>The student will acquire the following skills:</p> <ul style="list-style-type: none"> • application of recovery-oriented approaches to case examples and group work, and critically assess their relevance in different service settings and national contexts <p>General competence:</p> <ul style="list-style-type: none"> • the student will learn to reflect on ethical,

	organizational, and societal barriers for and implications of service innovation in health and welfare services
Any required material/software to take part to the course:	Laptop
ECTS:	3 ECTS
Evaluation:	<ul style="list-style-type: none"> • Compulsory participation in seminars. Grading rule: Approved / Not approved. • Oral exam / presentation based on given assignment, counts 100/100 of the grade. Grading rule: Approved / Not approved.
Exam	<p>Exam grading: Passed/Failed</p> <p>Transcript of records will be issues in maximum 5 weeks Transcript of records can be downloaded by the student in Studentweb.</p>
Language of the course	English

Structure of the course

	Timing	
Virtual part:		<p>Two preparatory online sessions before the mobility:</p> <p>1st session : 08.06.2026</p> <p>2nd session : 18.08.2026</p>
Physical part:		29.06.2026 – 03.07.2026

Practical information

Accommodation recommendations		Students can apply for a room in our student housing facilities through Studentinord : https://www.studentinord.no/shorttermrentbodo
The physical mobility will take place at... (address of the course)		Nord University Campus Bodø Universitetsalleen 11 8026 Bodø, Norway
Contact of the person in charge of signing the OLA		<i>Ingrid Bergem Sand</i> ingrid.b.sand@nord.no